### Project title: Competence fostering on mental health literacy for global nursing education

**Coordinator**
Turun ammattikorkeakoulu Oy  
Mari Berglund mari.berglund@turkuamk.fi

- Competence fostering on mental health literacy for global nursing education (CoMe4Global) - project aims to promote the international cooperation between Turku University of Applied Sciences (Turku UAS) and Southern Africa Nazarene University (SANU). Project wants to solidify the already existing cooperation and find new joint learning possibilities. The main aim is competence fostering on mental health literacy (MHL) on which is proved to be crucial need on nursing education both in Eswatini and Finland. Also, project aims to refresh ways of learning and teaching by testing new innovative eLearning tools. Project will also increase students and teachers’ cultural competences and internationalization.

- The project objectives are: 1) To improve competence related to MHL of nursing students and teachers in Eswatini and Finland; 2) To benchmark good practices on mental health nursing and promotion between Eswatini and Finland; 3) To create a sustainable educational online course on global mental health for nursing students; 4) To increase teachers’ pedagogical skills on eLearning and the most suitable ways of teaching mental health nursing and; 5) To increase both students’ and teachers’ possibilities on internalization.

**Partners**
Southern Africa Nazarene University,

- CoMe4Global project’s activities are developing the online course (3 ECTS) on mental health for nursing students in cooperation between Turku UAS and SANU. This online course will utilize modern pedagogical learning activities and the course will be later integrated in curriculums of Bachelor level Nursing Degree Programs in both universities. Piloting the online course will be implemented jointly with the nursing students of SANU (N=25) and Turku UAS (N=25) and teachers from both universities share the teaching activities. The key activity of the project is planning and implementing the Clinical module (tot. 6 ECTS) which will be held in Eswatini and in Finland. The module includes site visits in primary health care environments in both countries. The main focus in these site visits is to get familiar with the existing practices related to mental health issues. Students from Finland (N=10) and Eswatini (N=10) with their teachers from Turku UAS (N=4) and SANU (N=4) will together familiarize on clinical environments. This activity is organized as a short-term mobility. An online reflection workshop will be held after the Clinical module. The aim of workshop is that students have the possibility to reflect their learning, thoughts, and experiences. Evaluation of the course is based on the feedback collected from student and teachers participated.
The expected results of the CoMe4Global project are: 1) Developed educational course on MHL for Bachelor level nursing students; 2) Renewed model of Shared Good Practices- Mobility program for Southern-Northern Nursing education between Eswatini-Finland; 3) Curriculum update related to mental health nursing module in Bachelor Nursing Degree Programme.