

Erasmus+ KA131
apurahat / sopimuskausi 2022
stipendier / avtalsperiod 2022
grants / agreement period 2022



Erasmus+

Muuttaa elämäsi – avartaa maailmaasi.



OPETUSHALLITUS
UTBILDNINGSTYRELSEN

Apurahat / stipendier / grants 2022

- Suomalaisten korkeakoulujen tulee noudattaa seuraavilla dioilla esitettyjä apurahasummia koko sopimuskauden 2022 ajan.
- Finska högskolor måste följa bidragsbeloppen som visas i följande bilder under hela avtalsperioden 2022.
- Finnish higher education institutions must follow the grant sums presented on the following slides throughout the agreement period 2022.

Pitkäkestoisen opiskelijavaihdon apurahat

Stipendier för långvarigt student utbyte

Grants for long-term student exchange

	Host country	Grant (€/month)
Group 1 EU member states & third countries associated to the programme with higher living costs	Denmark, Iceland, Ireland, Liechtenstein, Luxembourg, Norway, Sweden. + Third countries not associated to the programme from Region 13: Faroe Islands, Switzerland, United Kingdom	540€ (2021: 470€)
Group 2 EU member states & third countries associated to the programme with medium or lower living costs	Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Estonia, France, Germany, Greece, Hungary, Italy, Latvia, Lithuania, Malta, Netherlands, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, North Macedonia, Turkey + Third countries not associated to the programme from Region 14: Andorra, Monaco, San Marino, Vatican City State	490€ (2021: 420€)
Third countries not associated to the programme	Outgoing students to third countries not associated to the programme from Regions 1–12.	700€ (2021: 700€)
Third countries not associated to the programme	Incoming students to Finland from third countries not associated to the programme from Regions 1–12	900€ (2021: -)

Pitkäkestoisen harjoitteluvaihdon apurahat

Stipendier för långvarigt praktikant utbyte

Grants for long-term traineeship exchange

	Host country	Grant (€/month)
Group 1 EU member states & third countries associated to the programme with higher living costs	Denmark, Iceland, Ireland, Liechtenstein, Luxembourg, Norway, Sweden. + Third countries not associated to the programme from Region 13: Faroe Islands, Switzerland, United Kingdom	690€ (2021: 620€)
Group 2 EU member states & third countries associated to the programme with medium or lower living costs	Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Estonia, France, Germany, Greece, Hungary, Italy, Latvia, Lithuania, Malta, Netherlands, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, North Macedonia, Turkey + Third countries not associated to the programme from Region 14: Andorra, Monaco, San Marino, Vatican City State	640€ (2021: 570€)
Third countries not associated to the programme	Outgoing students to third countries not associated to the programme from Regions 1–12.	700€ (2021: 700€)
Third countries not associated to the programme	Incoming students to Finland from third countries not associated to the programme from Regions 1–12	900€ (2021: -)

Lyhytkestoisen opiskelija- ja harjoittelijavaihdon apurahat

Stipendier för kortvarigt student och praktikant utbyte

Grants for short-term student and traineeship exchange

Duration of the physical activity	Grant (all countries)
Up to the 14th day of activity (days 1–14, min 5 days)	70€ per day (2021: 70€)
15th to the 30th day of activity (days 15–30, with travel days max. 36 days)	50€ per day (2021: 50€)

- Vaihdon keston voi lisätä yhden matkapäivän ennen vaihtoa ja yhden vaihdon jälkeen (= 2 pv), tai matkustettaessa vihreästi enintään 6 matkapäivää meno-paluumatkalle. Vaihdon apuraha lasketaan päivien yhteismäärän mukaan (5–36 pv).
- En resdag före och efter utbytesperioden (= 2 dagar) kan tilläggas till utbytes varaktighet, eller vid grönt resande maximalt 6 resdagar för tur- och returresa. Utbytesbidraget beräknas enligt det totala antalet av dagar (5–36 dagar).
- One travel day before and after the exchange period (= 2 days) can be added to the duration of the exchange, or in conjunction of green travelling the maximum of 6 travel days for a return journey. The grant is calculated on the basis of total number of days (5–36 days).

Henkilöstön oleskelutuki

Personalens uppehållsbidrag

Individual support for staff

Receiving country	Grant (€ per day)	Grant (€ per day)
	Days 1–14	Days 15–60 (70%)
Group A - Norway, Denmark, Luxembourg, Iceland, Sweden, Ireland, Finland*, Liechtenstein Third countries not associated to the programme from Region 14: Faroe Islands, Switzerland, United Kingdom	124€ (2021: 124€)	87€ (2021: 87€)
Group B - Netherlands, Austria, Belgium, France, Germany, Italy, Spain, Cyprus, Greece, Malta, Portugal Third countries not associated to the programme from Region 13: Andorra, Monaco, San Marino, Vatican City State	110€ (2021: 110€)	77€ (2021: 77€)
Group C - Slovenia, Estonia, Latvia, Croatia, Slovakia, Czech Republic, Lithuania, Turkey, Hungary, Poland, Romania, Bulgaria, the Republic of Northern Macedonia, Serbia	97€ (2021: 97€)	68€ (2021: 68€)
Third countries not associated to the programme from Regions 1–12	180€	126€

*) koskee ulkomaisista yrityksistä Suomeen opettajavaihtoon kutsuttavia

*) gäller inbjudna från utländska företag för lärarutbyte till Finland

*) applies to those invited from foreign companies for teacher exchange to Finland

Matkatuki / Resebidrag / Travel Support

Travel distances	Standard travel	Green travel
10 - 99 km	23 EUR per participant	
100 - 499 km	180 EUR per participant	210 EUR per participant
500 - 1999 km	275 EUR per participant	320 EUR per participant
2000 - 2999 km	360 EUR per participant	410 EUR per participant
3000 - 3999 km	530 EUR per participant	610 EUR per participant
4000 - 7999 km	820 EUR per participant	
8000 km ->	1500 EUR per participant	

Erasmus+ etäisyyslaskin / Erasmus+ avståndskalkylator / Erasmus+ Distance Calculator :

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Opiskelijoille, jotka eivät ole oikeutettuja matkatukeen, mutta valitsevat vihreän matkustustavan, maksetaan 50 € kiinteä lisäapuraha.

Studenter som inte är berättigade till resebidrag men väljer grönt resande kommer att få ett fast extra stipendium på 50 €.

Students who are not entitled to the travel support but choose green travelling will receive an additional fixed top up grant of 50€.