



When travelling  
by train, your  
soul can keep up

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DiscoverEU 29 June 2022 / Ulla  
Pötsönen



**ILMASTOPÄÄSTÖT**  
(g CO<sub>2</sub>/hlö-km)

**295**



**292**



**2,8**



**53**



Source: D-Mat Oy. Image: iStock.



# Good for the planet, good for the head

- Climate, emissions
- Experience, landscapes, people
- Freedom \* and lack of direction
- Slowness
- Fear of flying
- Downtown to downtown
- Speed \*
- Comfortable seating
- “Authenticity”
- Price \*
- Free ticket ;)

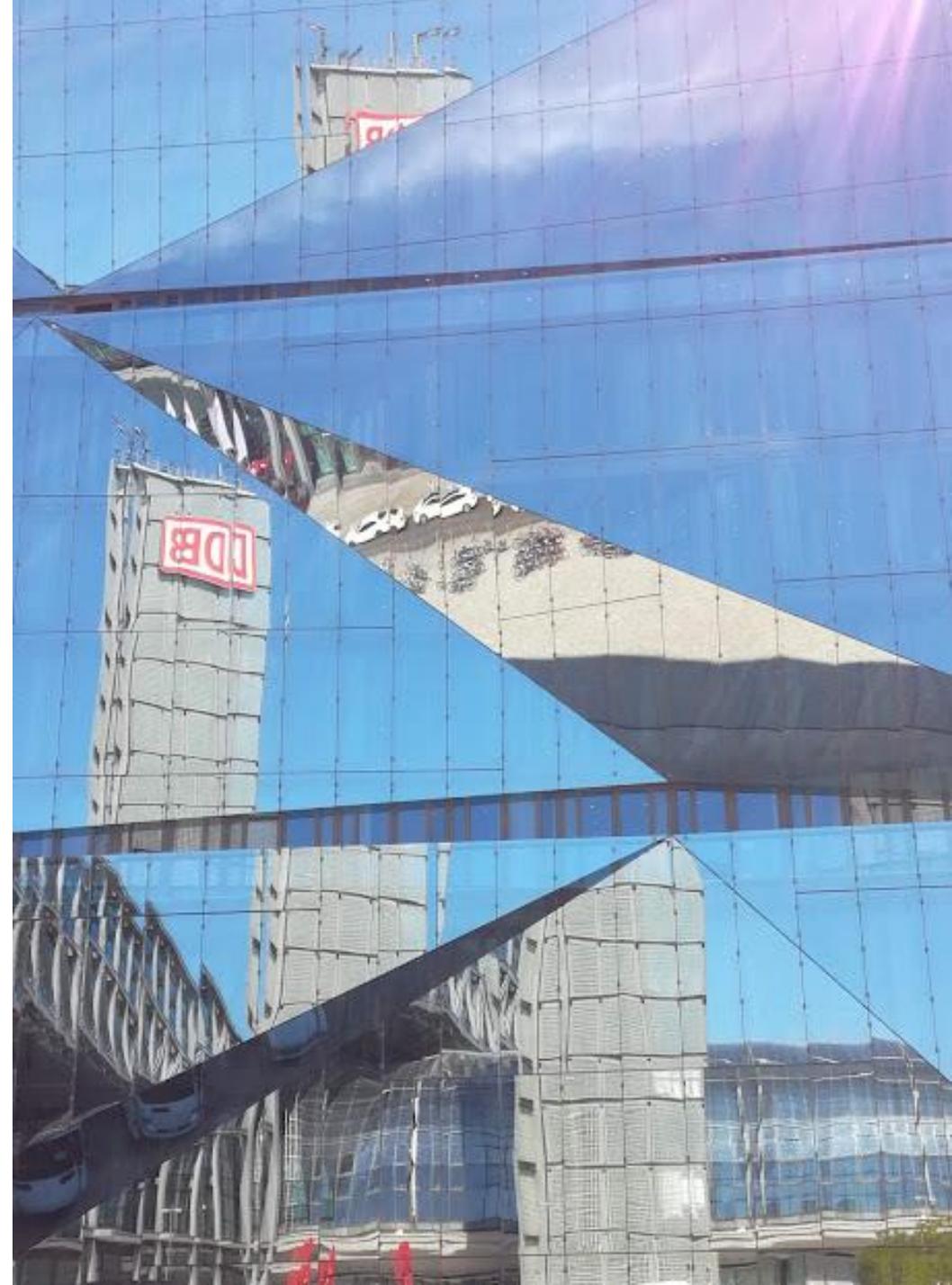


# Your best travel friends

- To create the atmosphere: Google maps, Rome2rio, rail.cc, mapy.cz or another map application
- Interrail/Eurail.eu
- **Rail Planner**
  - Mobile IR, travel days and routes
  - finding connections
  - seats for trains in certain countries (EUR 2 reservation fee/ticket)
- **Deutsche Bahn Navigator**
  - Connections through Germany
  - Stops in Germany (max 48 hours)
  - Account registration



- Railway companies in other countries
  - Sweden: SJ
  - Denmark: DSB
  - Poland: PKP Intercity
  - Austria: ÖBB
  - Czech Republic: CD
  - It's a good idea to create a user account:  
you can store your seat tickets and get  
traffic announcements
- If you cannot find any train connections:  
blablacar, flixbus, eurolines



- The man in seat 61 – super-thorough descriptions of routes, ticket purchases, etc., lots of pictures
- Maata pitkin matkustavat – ready-made route suggestions for Finland
- Facebook discussion groups: maata pitkin matkustavat, tågsemester – answers to questions and help during the trip as well
- Instagram, blogs of people and places of interest, social media channels you use, TikTok etc.



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KØBENH. H. - FREDERICIA

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KAN VÆRE RESERVERET

## Seat ticket or not?

- My rule of thumb for seat reservations:
  - If you have to be sharp at the destination (business trips)
  - Season times and weekends
  - Trips of over 3 hours
- Reserve seats for these as early as possible: Eurostar, TGV, the last stages of the return journey if you have to be in a specific place at a certain time.
- Seat reservations can be avoided by choosing local trains, trains with transfers or trains that stop at the country's border instead of international connections
- For cross-border connections, check the price of seat reservations with operators in both countries; prices may differ
- If there seems to be no connections/seats: cut the journey into pieces, stop in small towns, travel at strange times, explore buses and carpooling, or change your plans



# In the morning, you'll wake up at your destination

- Travel at night according to your comfort level
  - Standard trains with transfers at night
  - Seat in a night train
  - A cheaper resting car, *courette*
  - A pricier resting car, *sleeping car*
- Book a night train seat as early as possible!
- Night train connections from Finland at the beginning of the route, e.g.,
  - Snälltåget Stockholm-Hamburg/Berlin, Åre
  - SJ from Stockholm to, for example, Malmö, Luleå, Åre (from autumn to Berlin)
  - VY Stockholm-Narvik
  - ÖBB from Hamburg to, e.g., Zürich, Vienna, Venice, Munich



You might find yourself in Alepa's  
cashier's line or Australia.

*Mira Jalomies (exploras blog)*

